Greetings Anudipites,

As we start the new Financial year 2023-24 and get ready for the year ahead with renewed enthusiasm and motivation, we look back into the positive, happy, exciting, inspirational, and heart-warming stories of hope, promise, and encouragement of our dear Anudipites.

SPARKS captures the best of our journey, bringing alive some of the most memorable moments and the most inspiring narratives through these pages. We earnestly invite you all to involve and indulge yourself in this vibrant arena.

Happy Reading.

Warm Wishes,
Department of Marketing Communications 😊
HUGE APPLAUSE FOR OUR ROCK STARS 22–23 FOR WALKING THE EXTRA MILE! 😊

The secret of your success is determined by your hard work & dedication.
It is going to be a great experience here in Anudip. I feel privileged to be a part of this team having the highest level of work ethics and professionalism along with expertise of the respective domains. Thank you HR Team for making the on boarding process a positive experience for all new hires.

Manisha Dixit
Senior Faculty
Solan, Himachal Pradesh
ACES OF ANUDIP 🎉
A platform to showcase the success of our key talent, who have taken our company to new heights, and whose career and growth is inspiring for all of us.

ACES of Anudip
Life. Transformed.

“Barriers exist, but my passion for technology runs deep!”

Debdas Mondal
Senior Manager, Technology

2001 - 2013: With a B.Com degree in hand yet a keen interest in technology, Debudas worked across 5 private IT firms for almost a decade. Yet his quest for using tech for social good – was still to be achieved.

2014 - 2016: Joined ANUDIP as a Freelancer for developing the in-house Computer Management Information System. Later he joined as a full-timer in the monitoring team. Next followed important milestones: from being promoted as an Assistant Manager to a Deputy Manager, he finally bagged the Employee of the Year Award.

2017 - 2022: His dream role finally arrived when he became the Manager of the Anudip Tech Team where he got the opportunity to champion new ideas and develop innovative tech solutions to drive social impact at scale.

2023 & counting: Currently Debudas is the Senior Manager of the Tech Team, grabbing the Star Performer Award for his ‘Agility and Ownership’. Today he is a mentor for many young folks dreaming about tech as a career.

Check out our social media channels to find out our next ACE!

FUN, FROLIC & CELEBRATIONS 🎉
Cheers to more celebrations, more happiness, and more crazy memories to come!

Christmas Cheer
Ethnic Day; Celebrating the Diversity
Cultivating Team Spirit

We all have a Wonder Woman within us
Birthday Rejoicing!
Celebrating our amazing teachers
Anudip turns 16!
Destress at work with easy chair yoga moves. This Monday, spend a few moments stretching your muscles and letting stress go!

**Cow Stretch**

1. Sit on your chair with your back straight and your feet on the floor.
2. Place your hands on the armrests.
3. Lean forward, arch your back, and let your head and shoulders hang forward.
4. Hold for 30 seconds and then return to the starting position.

**Cat Stretch**

1. Sit on your chair with your back straight and your feet on the floor.
2. Place your hands on the armrests.
3. Arch your back and lift your head and shoulders upward.
4. Hold for 30 seconds and then return to the starting position.

**Side Angle**

1. Sit on your chair with your back straight and your feet on the floor.
2. Lean to the right side, extending your right arm straight out and your left arm behind your back.
3. Hold for 30 seconds and then switch sides.

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**Gajar Ka Halwa**

**Prepared by:** Sanjay Kumar Saha, Centre Head, Noida

**Ingredients**

- 250g Grated Carrot
- 100g Sugar
- 50g Ghee
- 50g Khoya/Mawa
- 50g Chopped cashew nuts
- 200g Milk

**Preparation Time**

40 mins

**PROCEDURE**

- Grate the carrots.
- Heat a pressure cooker and add ghee to it.
- Once the ghee has melted, add the grated carrots and sauté for 5-7 minutes until the raw smell disappears and the carrots start to soften.
- Add milk and let it come to a boil. Reduce the heat to low and let the mixture simmer until most of the milk has been absorbed by the carrots, stirring occasionally.
- Cover and pressure cook for 5 whistles on medium flame.
- Open the cover and add sugar and Kaju and continue to cook on low heat, stirring frequently, until the mixture thickens and starts to leave the sides of the Cooker. This should take around 20-25 minutes.
- Turn off the heat and let the halwa cool down for a few minutes. Garnish with chopped almonds or pistachios and serve warm or cold. Enjoy!
- Garnish it with dry fruits and serve hot.

**Tips to make Gajar Ka Halwa**

- Make sure to not leave any lumps while you grate the carrots. The finer the better.
- Make sure that you keep the flame low at all times. This is a dessert that is best cooked at its own pace.
- Keep it only as long as the milk dries up. Do not heat it until it burns.
The greatest marriages are built on teamwork. A mutual respect, a healthy dose of admiration, and a never-ending portion of love and grace.”

Happy New Parenting!

Wishing you a lifetime of wedded bliss

Heard you have a new roomie….Congrats!

Deepashree R, Academic Counsellor, Karnataka

Hasan M. Rahman, Senior Faculty, Assam

Amarjit Sarkar | Jyoti Prakash Yadav | Krishna Prasad
Samir Kumar Choudhary | Sreejita Banerjee & Dibakar Nandi | Sourabh Mondal
LI’L ANUDIPITES
GOT TALENT 😊

All the Scoop on the Adorableness! A platform curated exclusively to showcase the talent of li’l Anudipites. We still can’t get over the mind-blowing entries that we received! Catch a glimpse of the entries here, we bet you will be amazed!

Meet little Radha – Vedanshi, daughter of Rangala Jnana Deepika, Senior Faculty - Rajmundry as she gets decked up for Krishna Janmasthami celebrations in her school.

Cheers to the new graduate! A big applause for little Shizuka, daughter of Imran Khan, Partner Relationship Officer, Gurgaon for graduating as class topper in her pre-nursery examination from Indo American Montessori School.

Yashika Dhiman, daughter of Vivek Kumar, Regional Manager-New Delhi isn’t just an ordinary five year old girl; she is a super dancer with an amazing talent in different dance forms such as Punjabi, Bhangra and Giddha. Congratulations Yashika, you deserve every bit of the praise and recognition for your amazing dancing talent!

His first day at school, made mom nervous: Angana Roy, Senior Faculty, Ormanjhi feels proud as well tensed when her son Anish first stepped into school. Anudip family congratulates little Anish and wish him all the best for, the most exciting chapter of his life.

Priyansh Roy, son of Pratyay Roy, Assistant Manager, Academic Excellence Department was overjoyed when he stood second in the Annual Sports of Holy Home School. Wishing the little one loads of good luck for his future endeavours.

ANUDIPIE’S X-FACTOR:
A 10/10 FOR THE TALENTED
FOLKS AT ANUDIP 😊

Take a look at the Anudipites who wowed us with their ‘X-ceptional’ talent, whether it is dancing painting, or any other unique flair.

SANCHITA SARKAR
Learning Manager, Kolkata stuns us with her unique poetry recitation skills.

VAISHALI SINGH
Senior Faculty, Ahmedabad wows us with her artistic skills.

MD EUSUF KHAN
Soft Skills Faculty, Kamrup fascinates us with his incredible clicks weaving beautiful stories.

PREETI SHARMA
Soft Skills Trainer, Delhi mesmerizes us with the rustic charm of her Warli art paintings—expressing life through geometry.
How does it feel to return home after a tiring day to a beautiful aroma of Peace Lily with its eye-soothing colour? Or, when your recipes are admired with secret ingredients like Tulsi, or Pudina?

From tiny, emerging flower buds to dark, nutrient-rich compost, Priyanka Nongkhlaw, Partner Relationship Officer, Meghalaya witnesses nature’s little miracles every day while she’s gardening at her beautiful home garden in Shillong.

**An indoor garden is one of the best things that you can do to make your home more fresh and wonderful. It not only calms your mind & body but also enhances the aesthetics of your home. The indoor garden can be grown in the smallest of places.**

Here are a few handy tips by Priyanka to help you grow and maintain your plants indoor:

- **Appropriate exposure to light:** Keep your indoor plant behind a curtain or in a corner where they will get sunlight.
- **Check Pests:** Ensure to remove spiders, molds etc. at the beginning itself.
- **Watering Tricks:** Indoor plants don’t require frequent watering. Excess water can rot the roots.
- **Pot Selection:** Ensure the pots are not too big in size and have a proper draining system.
- **Airy Home:** You need to have good air circulation in the house and keep re-arranging your plants.
- **Add Humidity:** Keep the pots close or put the plants in a container filled with pebbles which are soaked in water.
- **Fertilizers & Manures:** Organic fertilizers are a must! It’s better to avoid chemicals.
- **Keep your Plants Clean:** If you see dust on your plants, give them a shower.
- **Cut the Branches:** Pick the yellow leaves and dry flowers, cut extra branches and keep them in shape.

**FEW OF SUCH EASY TO GROW INDOOR PLANTS:** Mammillaria, Jade, Senecio, Echeveria, Crotons etc.
It has been a Journey of the Soul

- says Anudipite Sumi Nath
Senior Faculty, Mangaldai – Assam

A passionate biker, 🏍️ Sumi says travelling and photography have helped her balance her life and become a wholesome person.

During her free time, she travels around the country 🏕️ to learn more about its people, culture, and lifestyles, also capturing some amazing shots. An avid photographer and traveler, Sumi has trekked ⛺️ her way to some of the breathtaking places on this planet. Pulie Badze trek, Dzukou valley, etc. to name a few! As her desire to explore more places grew, she started capturing the beauty of nature through the eye of a 📸 lens. She says climbing mountains has always been at the top of her bucket list and she aims to complete a trek every year.

Someone stole gold coins from a museum near the park. No one saw the thief take the coins, so there isn’t a description of the robber. Slylock Fox suspects one of the creatures in the park is the thief. Which one?

Share your responses at publicrelations@anudip.org 🏆🏆

CORRECT ENTRIES SHALL INVITE A GIFT THROUGH LUCKY DRAW 🏆🏆
Awaken the writer in you! Please share your articles, poems, sketches etc. & your feedback on SPARKS with us at publicrelations@anudip.org.